BPS Stage 2 Supervision Programme in Sport and Exercise Psychology

Supervision provided is by: Paul Russell C.Psychol. AFBPsS

SUPERVISOR BIOGRAPHY

Paul is an Associate Fellow of the British Psychological Society, a Chartered Psychologist with the BPS, a Registered Practitioner Psychologist with the Health and Care Professions Council, an Accredited Sport and Exercise Scientist (Psychology) with the British Association of Sport and Exercise Sciences (BASES), and a Chartered Scientist.

Paul has worked extensively as an applied practitioner. He has worked at 3 Premier League Football Clubs and with individual professional players from the Premier League to League 2. He has held positions as National Lead Psychologist for England Amateur Boxing Association, Great Britain Olympic Wrestling, and Great Britain Water Polo. Whilst providing Performance Psychology support for the English Institute of Sport, North West region, Paul also worked with England Squash, England Netball, England/UK Athletics, England Badminton, England Hockey and England Swimming.

Paul has worked extensively in combat sports specifically professional boxing and MMA. He also has experience of working in professional rugby, cricket, golf and a variety of other sports.
This document sets out a programme of supervision for individuals seeking Stage 2 training in Sport and Exercise Psychology with the British Psychological Society.

The programme aims to support a Stage 2 candidate through the qualification in sport and exercise psychology with the British Psychological Society. Completing Stage 2 training gives you the necessary post-graduate training to achieve the Society’s Chartered Status and be eligible to apply for registration with the Health Care and Professions Council (HCPC). To offer the public services as a Sport and Exercise Psychologist you will have to register with the HCPC.

More specific information about Stage 2 training is provided on the BPS website:


It is a BPS mandatory condition that there is a supervision contract. The above supervision programme also entitles the candidate to the following:

- Email support as required
- Monthly reflection opportunities
- Observation opportunities*
- Assistance with client contact/applied opportunities*
- Advice on career planning/job opportunities/business development
- Reference provision

The supervision programme: (per year)

6 X 2hour supervisory meetings
6 x 30 minute Skype review, reflection and planning sessions
6 hours of case study and case formulation supervision
8 hours of research supervision per year
15 hours of teaching/education opportunities
Email and telephone supervision as required
Teaching/Education and workshop opportunities

In addition you will receive 4 hours of additional support, planning, preparation, and review, for your final viva assessment in year 2 of your supervision.
Fees:

- Cost £1,980 per annum
- Initial payment of £394.16 followed by 11 monthly payments of £144.16

*These are not guaranteed and will happen where opportunities arise and the supervisor believes it to be appropriate.*